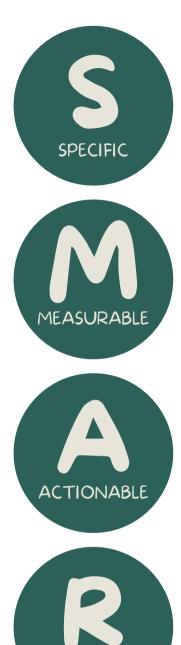
S.M.A.R.T. Goals Worksheet





RELEVANT

SPECIFIC: State what you want to accomplish and the benefits of achieving this goal.

MEASURABLE: How will you measure your progress? How will you know you've accomplished the goal?

ACHIEVABLE: What steps do you need to take to accomplish the goal?

RELEVANT: Why is this goal worthwhile? Do you have the necessary resources to accomplish this goal?

TIME-BOUND: How long will it take to accomplish this goal? Write down your target deadline.

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